



MAYBURY OPEN DOOR

DEVELOPING LIVES, ENRICHING COMMUNITY



Welcome to our
Maybury Open Door
newsletter

Summer 2019



A day at the seaside

What a wonderful time was had by everyone who attended the Maybury Open Door Felixstowe seaside trip on Thursday 16th May. Once the party arrived, they were treated to staying in 'The Hut' on the promenade which was rented for the day from Felixstowe Old Peoples Welfare Association. Everyone really enjoyed the day with good weather, a fish and chip takeaway followed by a long walk along the promenade and Felixstowe seafront gardens.

Pets Corner....

On Thursday 23rd May we closed Maybury Open Door due to the European elections, as Harefield Church is a polling station. In order not to disappoint our regular visitors, a trip to Pets Corner in Harlow Town Park was organised, of which 15 people plus Maybury Open Door staff attended. It was a lovely sunny day and the group really enjoyed walking around the enclosures looking at the animals. Afterwards they had a light lunch and coffee at the new Pets Corner shop.



Feedback...

"There is little provision for disabled and elderly people in Harlow and this is where Maybury Open Door fits in. Maybury provides a community hub for people with disabilities, the elderly and disadvantaged. It provides food and drink, activities like pool, draughts and games of various sorts. The staff provide a listening ear and are friendly people to talk to. The centre also provides a referral service for people with problems of various kinds. Alex Morrison, All Nations Christian College student"

KEEP SUPPORTING MAYBURY OPEN DOOR EVERY LITTLE HELPS



Visitor feedback...

"I like helping in the kitchen and making new friends. Volunteering helps me to be more independent and gain new skills."

"I would like to say thank you. I realise how lucky I am to have found MOD, everyone showed me so much kindness, love and compassion today. It had positive effect on me."

Maybury Open Door - St Paul's

College Square,
Harlow Town Centre,
CM20 1LP
Tuesdays and Fridays
from 11am to 4pm
07890 771590
(Tuesdays & Fridays)
01279 724515
(all other times)

Maybury Open Door - Harefield

Burgoyne Hatch, Momples
Road, Harlow, CM20 3EH
Thursdays from 11am to 4pm
07749 320872 (Thursdays)
01279 724515 (all other times)



Special Celebrations

Maybury Open Door recently celebrated three important events over the year. This included its 20th anniversary of opening at Harefield Church on Thursdays, 13th anniversary of opening at St Paul's Church on Tuesdays and 8th anniversary of opening at St Paul's Church on Fridays. Amazing work over the years which has helped and supported so many people.

Easter treats...

To celebrate Easter Maybury Open Door organised a special event for its visitors which included various craft activities - decorating Easter bunnies, decorating hard boiled eggs with funny faces and making Easter bonnets. There was also lots of competitions to stretch the brain with seasonal word searches and crosswords. This was followed by a lunch of pizza and mixed salad with jelly fruit and ice cream for dessert. After lunch there was a special treat organised with a visit from three pygmy goats and lots of little chicks with their two handlers and everyone was given the opportunity to ask questions about the animals and give them a cuddle. The animals had a calming effect on visitors and seemed very happy to be handled. Tea and cake was enjoyed by all before closing after a very enjoyable day.

St Clare Hospice

In November we had three visits to both Harefield and St Paul's Maybury Open Door by Sally, Community Engagement Manager at St Clare Hospice in Harlow who set up an art activity which included decorating hearts which were then collected up by Sally and displayed at the hospice on valentine's day to raise awareness of their work. This was then followed up with another visit in January by Sally and Dr Khali to make a presentation on their work supporting adults with life threatening illnesses.



Animalistic

On Easter Friday visitors at Maybury Open Door at St Paul's Church celebrated the occasion with a delicious cream tea which included scones, strawberry jam, cream and a cup of tea all for £1 which was well received. Afterwards an entertainer came to the centre with various exotic animals which included snakes, lizards and small furry animals that were passed from one visitor to another. Everyone enjoyed handling the animals and the special treat on the day.



Store House, Unit 8, Housham Hall Farm, Harlow Road, Matching Tye, Harlow
CM17 0PB (Open Monday, Tuesday, Thursday, Friday from 09.00 to 16.00)

Tel: 01279 724515 email: enquiries@mrct.org.uk

Registered Charity No. 1065006 Company No. 3439299

Special thanks to Lawsons (Whetstone) Ltd for building our new office and training room free of charge at Matching Tye, Harlow.

