



SUMMER 2019

## Record numbers use the foodbank



*"The Foodbank Satellite Centre at St Paul's has helped me in many ways and many times. I have been very emotional. Better coming here and always left with a smile on my face. Amazing people. So grateful for the help"*

Harlow Foodbank has seen record numbers of referrals at our satellite centres in 2018/19 which has far exceeded expectations. This has increased the demand on donated food supplies and on our teams of staff/volunteers at our Store House and two foodbank satellite centres.

Between April 2018 and the end of March 2019 the foodbank fed 5,616 (3,612 adults & 2,004 children) people in crisis with emergency food with foodbank referrals increasing by 37% compared to the same period last year, which is the highest ever recorded since Harlow Foodbank opened in April 2009. From April 2009 to March 2019 the foodbank has fed 30,135 (19,531 adults & 10,604 children) people.

To help meet these increases the local community have greatly helped as we received and distributed 77.9 tonnes of non-perishable food. In addition to tinned and dried food Harlow Foodbank also offered referred clients over 28 tonnes of surplus fresh food, a range of toiletries and household items through its Bounty Club and community partner programme.

## Bumper harvest donations



We would like to thank all the churches and schools in Harlow and the surrounding area for their harvest food collections/donations at the end of last year when they delivered a staggering record breaking 9,477.43 kg of donated food for which we are very grateful.



### Urgently needed...

- Coffee
- Sugar
- Tinned Vegetables
- Tinned Rice Pudding
- Tinned Fruit
- Tinned Tomatoes
- Long Life Fruit Juice
- Hot Chocolate (Water Mix)
- Biscuits
- Chocolate Bars (Penguin, Club, Taxi etc)

KEEP SUPPORTING HARLOW FOODBANK EVERY LITTLE HELPS

"I would like to express my great appreciation to everyone involved with 'Harlow Foodbank' and 'Bounty Club'. These services provide residents in Harlow with a unique support system which is invaluable and are a lifeline where people gain security from when they need it. None of the above services could work without the volunteers who give of their time and energy to make a difference within our community. So, thank you so very much to all those who assist you in changing lives for the better".

Councillor Maggie Hulcoop,  
Chair - Harlow District Council



PART OF M.A.G



## Community Partnerships

Our valuable community partners have again been supporting the work of Harlow Foodbank by providing a range of non-perishable food, drinks, toiletries, household items and jarred spreads. These donations were distributed back into the community via our work with Harlow Foodbank and the Bounty Club. In 2018/19 we were able to receive and distribute the following donations:

Stansted Airport = 7.3 tonnes

Poundland Distribution Centre = 4.5 tonnes

Plus we are pleased to announce our new partnership with The Country Food Trust after working with them on a pilot project since early 2018. Country Food Trust are a charity food producer making top quality protein-based food. Currently they have two products, The Country Casserole, a nutritious and warming pheasant casserole and The Country Curry, a mildly spicy pheasant curry. These additional food sources are now being distributed to local people in crisis by Harlow Foodbank and the Bounty Club.

## LATEST STATS

**30,135** (19,531 adults & 10,604 children) people have been fed since the foodbank opened in April 2009

**5,616** (3,612 adults & 2,004 children) people in crisis received emergency food in Harlow and the surrounding area in 2018/19

**467** people on average are now fed by Harlow foodbank each month

**7** tonnes of donated non-perishable food are now required each month to feed local people in crisis

**28** tonnes of fresh food were provided to our foodbank satellite centre referred clients in 2018/19, that's 2.3 tonnes each month.

## Special thanks

Places for People have sponsored our foodbank van since 2014, helping us to pick up and distribute emergency food to local people in crisis. This sponsorship covers all the van's expenditure and we would like to thank Mary Parsons, Group Director, Placemaking and Regeneration, for her continued support and sponsorship. Also special thanks to Lawsons (Whetstone) Ltd for building our new office and training room free of charge at Matching Tye, Harlow.



**LAWSONS**  
'Family Values - Professional Service'



"This was my first visit to a Foodbank due to being off work a long time because of an operation and I do not get sick pay from my job. Everyone I met were very nice, extremely helpful and non-judgment, although it was embarrassing for me and emotional too, no-one made me feel this way. The items you supplied have been very much appreciated"

Store House, Unit 8, Housham Hall Farm, Harlow Road,  
Matching Tye, Harlow CM17 0PB  
Open Monday, Tuesday, Thursday, Friday from 09.00 to 16.00  
Tel: 01279 724515 email: enquiries@mrct.org.uk  
www.mrct.org.uk/foodbank  
Registered Charity No. 1065006 Company No. 3439299



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HARLOW - see something different