



MAYBURY OPEN DOOR

DEVELOPING LIVES, ENRICHING COMMUNITY



Welcome to our
Maybury Open Door
newsletter

Spring 2018



Noreen's specials

What a blessing it was when Noreen started working in the kitchen at Maybury Open Door at St Paul's Church on Tuesdays and Fridays and introduced her 'special menus' for people attending the centre. They have been well received and have included classics like sausage and mash, shepherd's pie and hot dogs, all at very affordable prices. Noreen came to Maybury Open Door with some catering experience and most of the food is provided by the Bounty Club and Harlow Foodbank.

All Nations College Student entertains...

Special thanks to Youngbae, our Friday work experience student from All Nations Christian College in Ware, who has been entertaining our visitors by playing requested music on his trombone. The positive feedback has shown just how much his music is enjoyed.



A Poem

The Maybury Centre is the place to be
For a friendly chat and a cup of tea
If you are lonely or if you are shy
Please pop in as you pass by
There are many different things to do
The choice is entirely up to you
Art, computing, maybe a game
Or perhaps learning a skill is your aim
Or if you are in need of a friend
Then on the Maybury Centre you can depend.

by Jane
a visitor to Maybury Open Door



KEEP SUPPORTING MAYBURY OPEN DOOR EVERY LITTLE HELPS



visitor feedback...

"I enjoy talking to Maybury staff and volunteers about my life as they are all good listeners"

"Without Maybury I would be isolated and wandering around the town"

"I like coming to meet people and socializing"

Found Maybury through the Foodbank, which has helped me with my mental health"

"The prayer group has been a source of comfort and encouragement from feeling low and lonely"

"I used Maybury for a reference for a job"



Special thanks...

...to the firefighters from Harlow Fire Station Blue Watch team for an eye-opening and informative tour of the station on Thursday, 5 May. Everyone agreed that the visit was a great success. It was a novel experience to see the firefighters' equipment and simulator rooms where they practise their skills. The fire station itself was fascinating, as were the activities of the very brave people who work there.

As volunteer Heather commented, *"A fantastic and very interesting morning at Harlow Fire Station; I even got to sit in a big fire engine."*



Let's go wild

What a wonderful experience and treat for everyone at Maybury Open Door at Harefield Church recently, when they had a visit from Vicky and her rescued animals, which included a range of large snakes and spiders, lizards, rabbits, iguanas and monitors. As Karolina commented, *"Thanks to Vicky and her amazing rescued animals, everyone really enjoyed the experience."*



MRCT, The Rainbow Centre, 2 Wych Elm,
Harlow CM20 1QP
01279 724515

enquiries@mrct.org.uk www.mrct.org.uk

Registered Charity No. 1065006 Company No. 3439299

MOD statistics

Between April 2017 & March 2018

136 people attend Maybury Open Door each week on average

2 community placements were supported by Maybury Open Door this year

25 volunteers, of whom 8 (44%) had some form of disability, worked at Maybury Open Door during the year

5,280 unpaid hours' work were undertaken by volunteers at Maybury Open Door in 2017/18

288 free food vouchers were given out to homeless and vulnerably housed people. This equates to a value of £864.00



Everyone welcome!

Maybury Open Door - St Paul's

College Square, Harlow Town Centre,
CM20 1LP

Tuesdays and Fridays from 11am to 4pm
07890 771590 (Tuesdays & Fridays)
01279 724515 (all other times)

Maybury Open Door - Harefield

Burgoyne Hatch, Momples Road, Harlow,
CM20 3EH

Thursdays from 11am to 4pm
07749 320872 (Thursdays)
01279 724515 (all other times)

